

Abstract / 抄録

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Patient, Public, and Community Engagement in Sustaining Medicine and Public Health

This presentation examines the significance and challenges of patient and public involvement/engagement (PPIE) in medical and public health research and development, as well as in policy-making informed by scientific evidence. Traditionally, research design, scientific advice, and policy decisions have been led primarily by researchers, public authorities, and policy-makers. Increasingly, however, early and sustained collaboration with affected communities is regarded as essential for incorporating lived experiences and diverse values. Meaningful PPIE can strengthen the social validity of research, enhance transparency and accountability in policy-making, and contribute to the trustworthiness of science. When appropriately designed, PPIE may improve the relevance of research questions and outcome measures and help reduce avoidable research waste. At the same time, significant challenges remain, including tokenistic engagement, asymmetries between professional expertise and experiential knowledge, and the marginalisation of engagement during public health emergencies. Drawing on lessons from the COVID-19 pandemic, this presentation considers the conditions required to institutionalise patient, public, and community engagement not merely as a means of securing public acceptance of policy, but as a form of governance through which medicine and public health can be collectively shaped and sustained as public goods.

医学・公衆衛生を支える患者・市民・コミュニティ参画

本報告では、医学・公衆衛生の研究開発と、その知見を用いた政策形成における患者・市民参画の意義と課題を検討する。従来、研究設計、科学的助言、政策決定は、研究者、行政、政策担当者を中心に進められてきた。しかし現在では、影響を受けるコミュニティの経験知や価値判断を早期から取り入れ、協働することが、研究開発の社会的妥当性、政策形成の透明性と説明責任、科学への信頼を支える条件として重視されている。適切な参画は、研究課題や評価項目の妥当性を高め、研究の無駄を減らしうる。一方、参画の形骸化、専門知と経験知の非対称性、公衆衛生危機における参画の後景化などの課題もある。COVID-19 パンデミックの経験を踏まえ、患者・市民参画を政策への同意を得る手段ではなく、医学・公衆衛生を公共善としてともに創り、統治する制度として位置づける条件を考察する。